Health and Safety

3.6 Nappy changing and Personal Care

Policy statement

At Tywardreath Pre-School Playgroup, no child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent.
We work with parents towards toilet training when they decide their child is ready. We respect that there may be medical or other developmental reasons why toilet training may not be appropriate at the time.
We make necessary adjustments to our bathroom provision and hygiene practice to accommodate children who are not yet toilet trained.
We see toilet training as a self-care skill that most children can learn with the support of adults.
At Tywardreath Pre-School Playgroup we recognise that some children are able to use the toilet alone, while others may need help and be reluctant to accept this help.
We aim to ensure children are able to use the toilet in a hygienic manner with minimum distress to the child, in a way agreed with the parents.

Procedures

Nappy Changing
We work with parents/carers and discuss with them their wishes regarding nappy changing, including preferred methods and frequency.
Key persons undertake changing young children from their key groups; second key persons change them if the key person is absent. We are flexible on this if a child shows a preference for another member of the staff team.
Changing areas are warm and there are safe areas to lay young children if they need to have their bottoms cleaned.
Parents/carers are required to provide each young child with a bag with their nappies or 'pull-ups' and changing wipes.
Gloves and disposable aprons are put on before changing starts and the areas are prepared.
All staff are familiar with the hygiene procedures and carry these out when changing nappies.
In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
Young children are encouraged to take an interest in using the toilet; they may just want to sit on it, to develop pre-toilet skills.

We provide a potty and child toilet seat for children who wish to use these and ensure they are cleaned in between use.

Children are encouraged to wash their hands and have soap and disposable paper towels to hand. Each child also has their own individual towel on their peg. They should be allowed time for some play as they explore the water and the soap.

Key persons are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents'.

Key persons do not make inappropriate comments about young children's genitals when changing their nappies.

Older children access the toilet when they have the need to and are encouraged to be independent.

Nappies and 'pull-ups' are disposed of hygienically. Any soil (faeces) in nappies or pull-ups is flushed down the toilet, and the nappy or pull-up is bagged and put in the relevant bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for the parent to take home.

Toileting

We work with parents/carers and discuss with them their wishes regarding toileting, including preferred methods and frequency.

Key persons oversee toileting children from their key groups; second key persons change them if the key person is absent. We are flexible on this if a child shows a preference to another member of the staff team.

We have safe areas to lay young children if they need to have their bottoms cleaned.

Parents/carers are required to provide each young child with a spare change of clothes, should the child require dry garments. We also keep a number of spare clothing items, just in case.

Gloves are put on before assisting any child requesting help with wiping.

All staff are familiar with the hygiene procedures and carry these out when assisting with toileting. In addition, key persons ensure that toileting is relaxed and a time to promote independence in young children.

The children are encouraged to pull down their trousers, pants etc themselves. They are encouraged to wipe themselves and pull up their clothing. They are then asked to flush the toilet and wash their hands.

Young children are encouraged to take an interest in using the toilet; they may just want to sit on it.

We provide a potty and child toilet seat for children who wish to use these and ensure they are cleaned in between use.

Children are be encouraged to wash their hands and have soap and disposable paper towels to hand. They should be allowed time for some play as they explore the water and the soap.

Key persons are gentle when assisting; they avoid pulling faces and making negative comments

about bowel movements.

Older children access the toilet when they have the need to and are encouraged to be independent.